

START WITH THE END IN MIND: VISIONING ACTIVITY

This is a visioning exercise intended to help you think where you are and what you would like to achieve in the future.

VISION	NOW	NEAR	FUTURE
<i>Describe your ideal residence and place to live:</i>			
<i>Identify what makes you happy:</i>			
<i>What things could you do to improve your health and well-being?</i>			
<i>Name your ideal professional position or career goal:</i>			

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VISION	NOW	NEAR	FUTURE
<i>Describe what financial security looks like:</i>			
<i>Name at least three things you could do to improve your relationships:</i>			
<i>Name at least one improvement you would like in your spiritual life:</i>			
<i>Describe what learning activities you would enjoy and require to make your dreams a reality.</i>			

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<i>Describe the hobbies and extra curricular activities you enjoy.</i>			
<i>Describe the family life you envision.</i>			
<i>Describe community-related or volunteer activities in which you would like to participate.</i>			